

Stepping Stones to Success

MY NAME DATE / /

MY SIGNATURE PHONE

1 What is your overall stress level right now? (FILL IN A CIRCLE)

I am VERY stressed! I am not stressed at all.

2 Where do you feel you currently are in these areas of life? (Fill in a circle in each Pathway row)

		AREA OF SIGNIFICANT NEED	AREA OF NEED	STABLE, BUT COULD IMPROVE	THRIVING	
Housing ▶	I don't have housing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I have stable and safe housing.
Transportation ▶	I have no transportation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I have reliable transportation and a back up plan.
Personal Well-Being ▶	My personal well-being or my mental health needs my attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I am doing well, am mentally healthy, and am fully able to work.
Family Well-Being ▶	Family challenges interfere with my progress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	My family is doing well and supports me.
Social Support ▶	I have no social support or my network is not supportive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I have consistent and effective social support.
Financial Health ▶	My income is not enough to cover my basic living expenses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	My income is stable, I am current on my bills, I have money for saving or spending.
Legal ▶	My legal history or involvement with the court system is holding me back.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I have no current legal issues.
Education/ Training ▶	I don't have the education or the training I need to take a next step in my career.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I have the education and training I need to pursue my career path.
Career Path ▶	I don't know what my career path looks like, where to start, or have experience.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I know what I want my career path to look like, how to pursue it, and have experience

3 What is one goal you have for today's meeting?

4 Do we need to update any of your information? (Example: address, phone number, email, employment, etc.)

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5 Prior work experience (includes military or volunteer experience)? YES NO
If YES, please describe.

6 What is your current level of education?

7 Do you have transportation, child care, housing, clothing and other supports needed to enter your chosen career? YES NO
If NO, what help do you need?

8 What interests you?

9 What skills or talent do you have?

10 What are your strengths?

11 What careers are you interested in?